

opc assessment

PRACTICE TESTS

Practice Safety Awareness Test

Free Sample

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About the Practice Safety Awareness Test

This free sample practice test measures your ability to recognise potential risks, hazards & vulnerable people in everyday and safety-critical environments. This practice sample is suitable to help you prepare for the Safety Awareness Test (SAT).

Individuals in safety critical positions are expected to be able to adequately identify how things could go wrong in their environments at any given moment. Therefore, Non-Technical Skills (NTS) such as the anticipation and awareness of risk are tested throughout the SAT, to measure your ability to identify potential risks, hazards and vulnerable people in any given situation.

Potential safety hazards, risks and vulnerable people in everyday and safety-critical environments can be described as follows:

Hazard	Risk	Vulnerable Person
<ul style="list-style-type: none"> •A hazard is anything that may cause harm or have an adverse effect to an individual or a situation. 	<ul style="list-style-type: none"> •A risk is the chance, high or low, that someone or something will be harmed by the hazard. 	<ul style="list-style-type: none"> •A vulnerable person is any person or group of people who may be unable to look after or protect themselves.

How to complete the real SAT

The real SAT is an online test and your task is to identify and select the safety hazards, risks or vulnerable people in the scene provided. To make a selection you will click on the area in the scene you have identified and a circle will appear showing your selection. The length of time you have for the scene is limited. At the end of the time limit, the scene will automatically change. Throughout the test you must be ready to immediately start searching for safety hazards, risks or vulnerable people until no more scenes are presented. If you make a mistake, then click on the circle selection to remove it. Once a scene has changed, you will be unable to go back to make any changes to that scene.

You will lose marks if you select areas in the scene that do not have hazards, risks or vulnerable people in them.

How to complete this free sample

This practice test contains an example of the type of scene found in the actual SAT that has some hazards, risks & vulnerable people. Your task is to circle the safety hazards, risks or vulnerable people in the scene. In this practice example you draw a circle around the potential safety hazards, risks or vulnerable people. If you make a mistake, then clearly mark a cross over the circle.

This free sample is not scored and is just an example of what you will find in the actual SAT.



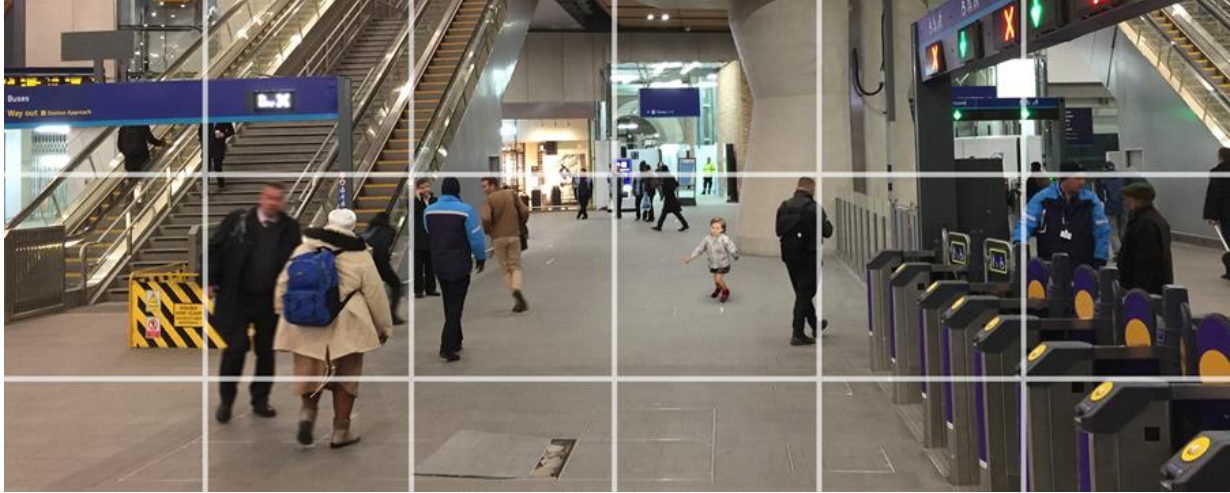
Remember:

- Your task is to look for safety hazards, risks & vulnerable people in the scene.
- You should try to work as quickly and as accurately as possible.
- Circle the potential safety hazards, risks & vulnerable people you identify in the scene presented.
- Remember to look at the scene carefully; in the real test, you will lose marks if you circle areas in the scene that do not have hazards, risks or vulnerable people in it.
- The purpose of this sample practice test is to provide you with an example of what you might see in the actual SAT and your answers will not be scored.



Sample Scene

Study the scene and circle any potential safety hazards, risks & vulnerable people you identify in the scene presented.



Have another look at the example above to see if you can identify any other potential risks, safety hazards or vulnerable people. If you believe that you have identified every possible risk, hazard or vulnerable person in the example above, then move onto the next section of this sample practice test to learn about how you can further prepare for the real SAT.



Preparing for the real SAT

Research has shown that practice can help you to improve the chances of performing well on a test. If you want to improve your chances of doing your very best, then remember:

General preparation

- Before you leave your house next, try to think ahead about what potential safety hazards, risks and vulnerable people you may come across and what can be done to prevent an incident.
- When you are out and about on your way to college, work or just during your leisure time, try to identify potential safety hazards that you see around you.
- When you come across potential safety hazards, risks and/or vulnerable people, try to specifically point it out by commenting on them in your mind.

Preparation for when you sit the SAT

- More practice will improve your score.
- Remember to look at each scene carefully on the actual test.
- Always use contact lenses/glasses if you normally wear them.
- Be fit, alert and healthy - being tired, hungry or unwell can affect your performance.

Completing other practice tests

OPC Assessment have available other practice tests that you might be interested in completing. Please visit our website <https://www.theopc.co.uk/candidates/practice-tests/> for further information.

